



“...when you have eaten and are full – then beware lest you forget the LORD...”
Deuteronomy 6:11-12

“Blessed are they that hunger and thirst for righteousness for they shall be filled.”
Matthew 5:6

Maintaining our spiritual passion can be one of the great challenges of our lives. An abundance of blessing brings with it a warning, “when you have eaten and are full – then beware lest you forget the LORD...” (Deuteronomy 6:11-12) When we are full of the blessings of earthly things, our hunger and thirst for the spiritual can be adversely affected. Unless we maintain a guard “the cares of this age, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becomes unfruitful.” (Mark 4:19)

The very thing that brought about our success can be choked out and overwhelmed by our neglect. To help maintain our spiritual focus it is helpful to regularly practice several of the Christian disciplines¹. Not in a legalistic manner that asserts its own righteousness from the discipline practiced, but rather as help in denying the old nature with its lusts and as a purposed and determined choice to “follow hard after the LORD.”

¹ Fasting, silence, meditation, giving, worship, prayer, solitude, study, fellowship, celebration, etc.