

Volume 2 Books of Poetry Psalm 142:1 – 4

"I cry out to the LORD. I plead for the LORD's mercy. I pour out my complaints before Him and tell Him all my troubles. For I am overwhelmed, and You alone know the way I should turn. Wherever I go, my enemies have set traps for me. ...no one will help me; no one cares a bit what happens to me..." Psalm 142:1 – 4 NLT

Tell it like it is! Don't hold your "punches". After all, the Lord knows your thoughts anyway, doesn't He? Of course, we are to be courageous. Most definitely we need to make our faith declarations remembering that while our faith "is the substance of things hoped for, the evidence of things not seen" we also live in a temporal world and we are creatures with emotions and limitations. However, never yield to the pressures of this natural world. But, at the same time, never be afraid of expressing your deepest thoughts and feelings to the Lord for He knows them any way. Such times are not a denial of your trust in Him, but rather, an open show to Him of your dependence upon Him!

"Then I pray to you, O LORD. I say, "You are my refuge; You are all I really want in life. Hear my cry, for I am very low. Rescue me from my persecutors, for they are too strong for me. Bring me out of prison so I can thank You. The godly will crowd around me, for You treat me kindly." (Psalm 142:5 – 7 NLT)

Can you say with this Psalmist – "Lord, you are all I want in this life?" Maybe your persecutors are real people, but most likely they are agents of temptation. Maybe your oppression is real, but more likely it is a stronghold of thinking. Rejoice now in faith for the Lord's intention is to rescue you and deliver you to the end that He will be praised and you, the righteous, will rejoice!

[&]quot;Before the THRONE" and "Before the THRONE – The Devotional" are registered trademarks of and published by Spencers Unleashed, Inc. All rights reserved, contents may be quoted or reprinted, provided excerpts are in context.

^{© 2005} and © 2006 by Mark D. Spencer and Spencers Unleashed, Inc. For additional information see us at www.spencersunleashed.com or at www.innercourt.com or at www.feargod.com