

Volume 2 Books of Poetry Psalm 104:15

"...Wine that makes glad the heart of man, and oil to make his face to shine, and bread which strengthens man's heart." Psalm 104:15

Three essentials for living the "good life."

Joy. – "The joy of the LORD is our strength." (Nehemiah 8:10)

It is the new wine of God's Holy Spirit that produces abiding joy! He is the Inner Fountain that continually bubbles forth from the Well Spring of Life. This joy is a continual reminder of the Lord's promise to "never leave you or forsake you." Joy is also a clear indicator of our liberty from legalism of every type. "The Kingdom of God in not meat or drink, but righteousness, peace and joy in the Holy Spirit." (Romans 14:17).

The Anointing of God – Represented by the anointing oil is the power of God. It is the presence of God upon a life that will cause a radiance for others to see. It is this Anointing of the Spirit that causes our lives to shine for Jesus. This Anointing will help us live like the Christ lived. He, the Anointed One and His Anointing, will put us over in life. This Anointing will empower us as we "shine" for Jesus. "Let your light so shine before men, that they may see your good works, and glorify your Father, Who is in heaven." (Matthew 5:16). "But, you shall receive power, after the Holy Spirit is come upon you." (Acts 1:8).

The Bread of Life – Jesus said to His disciples, "I am the bread of life." It is as we feed on the Bread of Life that our hearts are truly strengthened, "For My flesh is true food, and My blood is true drink. He who eats My flesh and drinks My blood abides in Me, and I in him." John 6:55 – 56)

"My flesh and my heart fail, but God is the strength of my heart, and my portion forever." (Psalm 73:26). Live life to the fullest – drink deeply of His new wine, stand fully in the oil of God's anointing, and feast daily on His Word!

Laugh! Shine! Feast!

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