

Volume 2 Books of Poetry Psalm 103:1

"Bless the LORD, O my soul, and all that is within me, bless His holy name." Psalm 103:1

Son, listen to my words...

You have been given a choice. Praise is never automatic. Parroted praise are words that fall empty to the ground, they are lifeless, powerless, void of any honest meaning. While your spirit may be willing to offer praise, too often your soul resists. The veil of the flesh – the old nature – must be torn in two – soulishness must come under submission to your spirit-man – the real you. Your born-again spirit must arise in God and rule over your soul that in turn must be renewed by the Word of God lest you think as a natural man. This command of the Psalmist is offered from his spirit to his soul – "Soul, you will bless the Lord. In fact, all that is within me – my spirit, my soul, my emotions, my thoughts, my will, my body – everything will give praise to God. My entire being will bless His name!"

This choice to bless the Lord, like many things in life, is a learned response. Initially there will, most likely, be a struggle, especially if you have been experiencing difficult times – no matter – bless the Lord. Maybe you are not a morning person – no matter – bring your soul and your body under the spirit's authority and bless the Lord. Greet others with a smile and words of cheer! Who is in charge anyway, your spirit or the caffeine in your morning drink? Life has thrown you a curve? What does it matter? The Lord is worthy of your praise!

"Bless the LORD, O my soul, everything, with all I possess. I will bless, honour, and praise my LORD... whether I feel like it or not! For He is worthy of my best praise – at all times!"

Alleluia!

¹ Man consists of three distinct parts that are indivisible. Man's spirit *(the inner man of the heart) is that part of man that is born-again, regenerated by the Holy Spirit. It is here, in his spirit that man fellowships and knows God. Man's soul (the outer man of the heart) consists of our mind, our will and emotions. Man's body is that part of us that connects us to this natural world through its five senses. As only death of the body can separate the body from the soul or spirit, so only the Word of God (Hebrews 4:12) can separate the spirit of man from his soul.

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