



“I will bless the LORD at all times; His praise shall continually be in my mouth. My soul shall make her boast in the LORD, the humble shall hear thereof and be glad. O, magnify the LORD with me, and let us exalt His name together, I sought the LORD and He heard me and delivered me from all my fears.” Psalm 34:1-4

There is never a time when praise is not appropriate. Christian friend, there is no such thing as a day off from the life of praise – and there never will. This lifestyle of worship is congenial to the Christian life because we have been forgiven of so much! How can we do or offer anything to our God other than our heart felt continuous praise?

When the praise of God is in our mouths there is no room for slander or gossip. When from the overflow of the heart (Matthew 12:34), praise erupts out of our mouths there is little opportunity to curse others or to give unbelief an opportunity to speak. A mouth that is found praising God will have ears that seldom hear the lament of self or the dirge of self-pity.

Soon a mouth of praise will gather an audience and those who are the humble of heart – those who themselves see their need for God’s gracious touch, will come and join in this paean of praise!

This, my friend, is the surest way to find the Lord. “I sought the Lord and He heard me.” What did He hear? – my continuous praise. And now finding the Lord becomes an easier thing. I don’t have to search for God. As I become a praiser, He is seeking me! “But the time is coming and is already here when true worshipers will worship the Father in spirit and in truth. The Father is looking for anyone who will worship Him that way.” (John 4:23 NLT).

Indeed... “I will bless the Lord at all times, His praise shall continually be in my mouth!”

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