



“I will praise You, O LORD, with my whole heart; I will tell of all Your marvelous works. I will be glad and rejoice in You; I will sing praise to Your name, O Most High.”
Psalm 9:1-2

While God expects us to use our minds and intellect in our worship of Him – worship is far more than only a contemplative reflection. Worship is an action word!

“I will praise You.” The Hebrew word for praise “Yadah” is used here meaning to raise the hands and give thanks verbally. Whether raised in surrender to Him and His will or raised as a child crying “Abba, Daddy Sir,” our posture before the Lord speaks volumes of our heart’s willingness to offer Him whole-hearted praise.

“I will tell of all Your marvelous works.” “To tell” is a call for us to enumerate all the good things the Lord has done for us. Called to be witnesses of His goodness, we must speak up!

“I will be glad.” Literally to be joyful, to “make merry,” to be merry hearted. Sounds like a party doesn’t it? A celebration where the Lord is our honoured and much loved Guest.

“I will rejoice.” For many people this party just got out of control – their control – but the Master loves it! To rejoice means to “jump for joy, to exult, to be joyful, to triumph.” Our rejoicing is in Him not in His acts or deeds. How this must bless His heart! It may be thought of as a child jumping for joy because Daddy has just come home from work!

And finally, “I will sing praise to Your name.” A heart that is full speaks, a heart that is overflowing sings!

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