



A Heart Check-up.

“Cast out the scoffer, and contenders shall go out, yes, strife and reproach shall cease.”  
Proverbs 22:10

Strife and contention produce great heartache. They rob the heart and home of the joys God intends. They destroy churches and businesses and create hatred, confusion, “and every evil work.” (James 3:14 – 16). It may initially be hard to obey this scripture, but in so doing, you will rid your life of much heartbreak. In the workplace, remove such a person or they will be a cancer. In the church, pray for them to be converted or leave the fellowship for they will breed division; in the neighborhood, be gracious, but remove yourself from such friendships – you’ll be happier for it.

“Make no friendship with an angry man; and with a furious man you shall not go. Lest you learn his ways, and get snare to your soul.” Proverb 22:24 – 25

Anger is more infectious than a cold or the flu! Its’ cost is higher for it infects your heart and mind with poison that is not so easily treated.

Fear is another infecting agent. Guard your heart lest it becomes gripped by such instruments of death. (Deuteronomy 20:18).

Strife, anger and fear are dangerous. Watch your heart, for once infected with these agents of discord they will rob you of the blessing of the Lord intends and desires to pour out on your life!

Let the Holy Spirit give you a quick heart check-up; then make the determination to remove whatever is required from your life so that you may live a life of spiritual health as the Lord has intended for you.

“Examine yourselves to see if you are in the faith...” (2 Corinthians 13:5).

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