



“He who is slow to anger is better than the mighty, and he who rules his spirit, than he that takes a city.” Proverbs 16:32

Self control is the bottle neck guarding the vast arena of living a satisfying and spiritually abundant life! Self control brings us to a walk lest we run into life’s battleground ill prepared and far ahead of ourselves. Self control demands we present a well thought-out and disciplined plan before rash action brings ruin. “He that has no rule over his own spirit is like a city that is broken down, and without walls.” (Proverbs 25:28). Self control holds a tight reign upon its words.

Anger that erupts, more often than not, produces regret and can leave in its wake hurt feelings and broken relationships. “Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to anger; for the anger of man does not work the righteousness of God.” (James 1:19 – 20).

There is much debate concerning the need for our public leaders to maintain the same standards in their private lives that is demanded in the public eye. Why is there debate at all (and the point should be a mute one) if the public figure professes to be a Christian? If in the closet you will act a certain way and say certain things, but while in public you act and speak in opposite ways, your public image is only a façade!

Listen, enough of the nonsense! Jesus said, “What shall it profit a man, if he shall gain the whole world, and lose his own soul? Of what shall a man give in exchange for his soul?” (Mark 8:36 – 37). You may aspire to high public office or position, maybe an important place of ministry or service, but, if you can’t control your own spirit – what have you accomplished – what has that made you?

If you’re bold enough ask Jesus, He’ll tell you!

“Before the THRONE” and “Before the THRONE – The Devotional” are registered trademarks of and published by Spencers Unleashed, Inc. All rights reserved, contents may be quoted or reprinted, provided excerpts are in context.

© 2005 and © 2006 by Mark D. Spencer and Spencers Unleashed, Inc. For additional information see us at [www.spencersunleashed.com](http://www.spencersunleashed.com) or at [www.innercourt.com](http://www.innercourt.com) or at [www.feargod.com](http://www.feargod.com)