



“You are snared with the words of your mouth; you are taken with the words of your mouth.” Proverbs 6:2

Remember the childhood sing-song rhyme used to shield your heart from the hurtful words of another child?

“Sticks and stones  
    May break my bones.  
But words  
    Will never hurt me.”

Words may never break your bones, but they can leave a far greater pain than broken bones. Words enter into the heart and spirit leaving eternal wounds or building eternal character and birthright. Your words shape your destiny. They help mold your character. They communicate your deepest emotions and fashion your greatest dreams.

Endeavor therefore, to always put your words into agreement with God’s Word. His Word is eternally settled. His Word is pure. His Word is life giving. His Word produces blessing and will consistently set you free.

Aligning yourself with God’s Word, will elevate your conversation. Kindness will be the earmark of your dealings with others. Jokes or humor will not be at the expense of other’s dignity. Inner vows and outward curses will no longer condemn and bind your life. Such restrictions will fall away and in their place will flow self-acceptance and satisfaction, because God has accepted you and is satisfied with your life now “hidden with God in Christ!”

“Eternal Word of God, help my words; the words of my mouth and the meditations of my heart, be in agreement with You.”

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