

Volume 1 Books of the Law & History 1 Samuel 30:6-8

"Moreover David was greatly distressed... But he strengthened himself in the LORD his God... And David inquired of the LORD, saying, "Shall I pursue this *enemy* band?" And the LORD said to him, "Pursue, for you shall surely overtake them and recover all." 1 Samuel 30:6-8

Discouragement is an ear stopper! It is often harder to hear from God when we are discouraged simply because, like a radio frequency, we are not on the proper channel to hear His voice. Of course, the LORD can easily speak to us in any emotional frame of mind we may be in, but it is harder to discern His voice when we are in a discouraged state because our frame of reference won't allow us to recognize that "still small voice" when He does speak.

Never allow discouragement or depression to become a friend, no matter how given to that disposition you may be. Learn to find encouragement in your situation – draw upon the Lord's goodness and steadfast loving kindness. As you "encourage yourself in the LORD" by the "washing of water by the Word" (Ephesians 5:26), the "static" of distress and disappointment will be filtered out by the Word of God. Then the voice of the Lord will pierce your heart, mind, and emotions and you will, as David did, hear from God, stand up in faith, and overtake your enemies!

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