

Volume 1

Books of the Law & History

1 Samuel 30:6

"Moreover David was greatly distressed because the people spoke of stoning him, for all the people were embittered, each one because of his sons and his daughters *who had been kidnapped*. But David strengthened himself in the LORD his God." 1 Samuel 30:6

Crisis will always manifest your true character. What you may be able to hide when life is going easy will surely breach your carefully guarded composure and rush to the surface in times of conflict. When faced with these trying times we are always given a choice – the choice to wallow in our situation, or, as David did, to strengthen and encourage ourselves in the LORD!

To strengthen ourselves in the LORD is to face the present situation head on, refuse the verdict of feelings and fellow believers, and dare to believe God's Word! To strengthen ourselves in the LORD is to declare the Word of God promised to us. To strengthen ourselves in the LORD is to recount His lovingkindnesses and faithfulness in past episodes of fiery trials. To strengthen ourselves in the LORD is to draw near to Him while shutting out the other voices, noises, and distractions that constantly bombard us with threats, unbelief and fear. To strengthen ourselves in the LORD is to be found abiding in Jesus alone.

"I am the Vine, you are the branches." (John 15:5)

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